

December 2018

FFH Weight Center

Monday – Thursday	6 AM – 10 PM
Friday	6 AM – 8 PM
Saturday	10 AM – 6 PM
Sunday	Noon – 5 PM
*Tuesday & Friday Cardio Only	10 AM – 11 AM
*Closed Wednesdays	10 AM – 11 AM

Cage Hours

Monday	2:30 PM - 5 PM
Wednesday	4 PM - 8 PM
Friday	4 PM - 8 PM
Saturday	9 AM - Noon

DECEMBER EXCEPTIONS

12/8	CLOSED until 2 PM	Graduation Ceremony
12/10-14 & 12/17-21	6 AM - 2 PM	Finals Week/Winter Break
12/15-16	Noon - 5 PM	Modified Weekend Hours
12/22 - 1/1/2018	CLOSED for HOLIDAYS	Re-Opens January 2, 2018

(Weight Center subject to close without notification.)

Emergencies:	Public Safety	310.506.4441
Information:	Campus Recreation	310.506.4490

